



Survey of Student Learning Interest PJOK Learning at Junior High School

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Abstract: Education is a process of seeking information that can be obtained by all students in the process of advancing national development. This research uses descriptive research with a quantitative approach, and the method used is a survey with a questionnaire as data collection. The research population was all students, with the sample used being class VII totaling 374 students at SMP Negeri 29 Palembang studying Physical Education, Sports and Health (PJOK) for the 2023/2024 academic year. The results of the research show that students interest in learning at SMP Negeri 29 Palembang towards Physical Education Sports and Health (PJOK) learning carried out at school is in the very high category. Judging from the interest of the students themselves who feel happy when learning takes place, the variety of teachers who are not monotonous when providing learning material and the infrastructure factors that support the continuity of learning process at school.

Keywords: Education, interests, surveys, PJOK

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INTRODUCTION

Education is a learning process to find various kinds of information that can be obtained by all students, and it cannot be denied that education is very important in influencing a person's life. Education also plays an important role in the process of advancing national development (Farikha & Dinata, 2022). According to Law No. 20 of 2023 concerning the National Education system, education is a conscious and planned effort to create a learning atmosphere and learning process so that students actively develop their potential to have religious spiritual strength, self-control, personality, intelligence, noble morals, and skills needed by himself, society, nation and state.

Junior High School, abbreviated as SMP, is the basic level of formal education in Indonesia after graduating from elementary school. Junior High School is taken in 3 years, starting from grade 7 to grade 9. Currently, Junior High School is a normal 9 year program. According to Sumantri (2013), secondary education is the beginning of strengthening and developing the dominant potential of students who are captured at the basic education level. One of the learning materials is physical education which aims to develop knowledge, skills and movement, improving physical health. Physical Education, Sports and Health (PJOK) is part of the curriculum of educational institutions, which is implemented during school hours (intracurricular) and outside school hours (extracurricular). Physical Education, Sports and Health (PJOK) is a subject that includes motor skills, knowledge, attitudes, emotional, spiritual, social and healthy lifestyles. Learning guidelines for Physical Education, Sports and Health, namely cognitive, psychomotor and affective (Cakrawijaya, 2021). SMP Negeri 29 Palembang for the 2023/2024 academic year is one of the schools with A accreditation in the city of Palembang with 1001 students. The progress of each individual is the result of their learning efforts which will later become a pleasure when participating in physical education lessons.

One of the incentives to achieve a learning goal requires interest and motivation in a learning process. Interest in the individual may actually develop or even disappear. One way to develop opinions in

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learning is by trying to connect topics with different materials or even real factors. Explain and understand the benefits of a topic that covers things that can support success in a learning process. Interest is directed consciously without forcing yourself. To increase students' interest in learning, schools must provide good facilities and infrastructure, as well as teachers who provide creative, fun and professional learning in teaching.

Relevant research studies are used to support and confirm existing theories, namely research conducted by Suri (2023), research entitled Class VIII Students' Interest in Participating in Physical Education Learning at SMP N 1 Ngraho, Bojonegoro is highest in the high category with a percentage of 43.33% or 13 students out of 30 students who have high interest in participating in PJOK learning followed by the medium category with a percentage of 26.67% (8 students), next the low category of 23.34% (7 students), the very low category of 3.33% (1 student) and a very high category of 3.33% (1 student).

The situation at SMP Negeri 29 Palembang, where the field facilities for practical physical education learning have one field. This field is used for learning basketball, volleyball and futsal ball combined in one field. Meanwhile, the condition of the basketball learning facilities is said to be poor, there are basketball hoops that are worn out, rusty, the lines of the basketball court have faded to almost invisible and there are basketball boards that are broken. Then the volleyball learning facilities can be said to be poor, there are faded court lines, and there is a lack of volleyball facilities. The condition of the facilities and infrastructure for learning futsal ball includes a lack of balls, there are balls that are damaged, there are no futsal ball field lines. Based on the observations of researchers at SMP Negeri 29 Palembang, there were several students who were not active in learning, did not seem serious and were more interested in chatting with friends. And conversely, there are also students who are happy when taking part in learning, because Physical Education is closely related to learning through physical activity in the field, causing them to sweat, ache and get tired. On this basis, the importance of this research was raised, where this research was carried out with the title "Survey of Students' Learning Interest in PJOK Learning at SMP Negeri 29 Palembang".

METHODS

This research uses descriptive research with a quantitative approach (Ahmad Suryana, 2017). The quantitative approach is explained by Jayusman & Shavab (2020), that the quantitative approach uses numbers, starting from data collection, data interpretation, and display of results. The data collection method in this research uses a survey method and the data collection technique uses a questionnaire.

In this study, the research population was all students of SMP Negeri 29 Palembang. To measure respondents' perceptions in this study, a scale was used likert. According to Wahyuni (2019) the Likert scale is a scale used to measure the attitudes, opinions and perceptions of a person or group of people about social phenomena. The sampling technique used in this research is purposive sampling technique (Fakhri, 2021). The sample used was class VII, totaling 374 students, due to considerations of the large population and class VII which was still in the learning preparation stage. This research was carried out at SMP Negeri 29. The research instrument was a questionnaire addressed to class VII students of SMP Negeri 29 Palembang to determine students' interests in terms of internal factors (health, attention, interest) and external factors (role of teachers, facilities, environment) (Fajar & Khory, 2023). The questionnaire used to collect data about student interests is a closed questionnaire with a graded scale.

RESULTS AND DISCUSSION

Results

The results of research conducted regarding students' interest in participating in Physical Education, Sports and Health (PJOK) learning at SMP N 29 Palembang obtained high results which are supported by several indicators, which can be seen in the table below:

Table 1. Analysis of Research Indicators

Indicator	Questions	Score	Categories
Health	4	82,92%	Very high
Attention	4	80,93%	high
Interest	4	83,57%	Very high
Teach	4	79,81%	high
Study Tools	4	82,74%	Very high
Environment	5	82,23%	Very high

Based on the results presented in the table above, it is known that the results of the survey of health indicators for SMP Negeri 29 Palembang in learning show that 82.92% of students are in the very high category. The attention indicator shows that 80.93% of students show a good level of attention so they are in the high category for the material or topic being taught. Interest shows that it is 83.57%, which means that the majority of students take part in Physical Education and Sports (PJOK) learning with very high interest, so students enjoy participating in the Physical Education and Sports (PJOK) learning process. Based on the teaching method, this indicator was obtained with a result of 79.81%, which is in the high category. Learning tools show a figure of 82.74% which is in the very high category, where students are interested in following the learning process which is supported by innovative learning tools. As well as environmental indicators which show a score of 82.23% in the very high category.

Discussions

This research is entitled Survey of Student Learning Interest in Learning PJOK at SMP Negeri 29 Palembang, which aims to measure and obtain data related to student interest in learning Physical Education, Sports and Health (PJOK). The analysis carried out is supported by several research indicators, such as health, attention, interest, teaching methods, learning tools and the environment (Gunawan, 2019). In the teaching and learning activities of Physical Education, Sports and Health (PJOK) at SMP Negeri 29 Palembang, in reality there are many students who feel happy participating in learning activities. Although, there are still students who are lazy and are still busy with their own activities, such as chatting in the background. Judging from the first analytical indicator regarding health, the student's health can support teaching and learning activities, so that it becomes one of the factors supporting the success of a learning process or in other words, these health indicators are important for achieving student learning outcomes (Prastyawan & Pulungan, 2022).

Other analytical indicators include attention, which means an indicator of student interest in learning Physical Education, Sports and Health (PJOK). Where this indicator parameter involves measuring the extent to which students show interest (attention) to the topics and concepts taught in Physical Education, Sports and Health (PJOK) learning (Risna Novita, 2015). Covering in terms of activeness, the interest of the students themselves in teaching and learning activities is also a supporting factor for the success of the learning process, teacher variations in teaching that are not monotonous make students more active in teaching and learning activities, as well as media tools and facilities available in the school environment as well helping students in learning activities, as according to research by Sri Widaningsih (2022), explains that this is supported by the presence of other indicators such as health, attention, interest, teaching methods, learning tools and environmental conditions.

Factors that can influence the interest analysis indicators are, where students' learning interest can be influenced by extrinsic and intrinsic factors (Widiutama et al, 2021). Analysis of this indicator will include students' perceptions of the usefulness of Physical Education, Sports and Health (PJOK) learning materials, which shows the extent to which students see the usefulness of Physical Education, Sports and Health (PJOK) learning materials in their lives. Very in line with the sub-indicators used in this research, namely regarding health, feelings, interests, infrastructure, activities, teachers and environment. Interest is a condition where someone has attention to something and is accompanied by a desire to know, learn and prove further (Riswanto, 2021). The learning process is no longer just a transfer of knowledge, but rather a transfer of values. The values referred to here are broad character values, one of which is curiosity (Hafidz et al., 2023). As according to Sri Widaningsih (2022), if student

interest participation is low in learning Physical Education, Sports and Health (PJOK), this needs to be considered to find out the cause. For example, Physical Education, Sports and Health (PJOK) which is carried out online makes students less enthusiastic about learning and even makes students bored when carrying out learning. So new learning media are needed so that students become more interested in carrying out physical education learning even online.

Apart from that, the role of teacher teaching indicators in the Physical Education, Sports and Health (PJOK) learning process is also very important. Because, teacher creativity in classroom management, media selection, and the teaching methods that teachers use during the learning process can have an impact on students not feeling bored following the learning process (Ayyas, Y. A., & Mylsidayu, 2022). Due to the role of teacher indicators in the learning process and one of the successes of the learning process, both the teacher's role in the classroom and outside the classroom. This analysis of teaching indicators includes the teaching methods used by Physical Education, Sports and Health (PJOK) teachers. How teachers deliver learning material and involve students in learning. Teachers who always strive to improve their teaching methods can help increase students' interest in learning. If teaching methods are less interesting or effective, this can affect students' interest in learning, of course supported by further research indicators from the facilities available at the school (Safitri et al., 2022).

Furthermore, the indicators of teaching tools and the environment in research regarding surveys of student interest in learning Physical Education, Sports and Health (PJOK) at SMP Negeri 29 Palembang, this is very important. Because, these factors can influence students' learning experiences. The availability of teaching tools can influence the teacher's ability to provide effective learning. This indicator includes whether the availability of teaching tools and the Physical Education and Sports (PJOK) learning classroom environment is comfortable, appropriate and supports learning. This can be proven during research conducted at SMP Negeri 29 Palembang, where the facilities that students get are quite complete, such as football, badminton and a soccer field. This has an impact on the implementation of the learning process, where several representative facilities and infrastructure can support the learning process so that it continues to run well (Ngatman et al., 2022). So, this makes students interested in taking part in the Physical Education, Sports and Health (PJOK) learning process at SMP Negeri 29 Palembang.

CONCLUSIONS

Based on data management and data analysis carried out by researchers, it can be concluded that students' interest in learning physical education, sports and health in class VII at SMP Negeri 29 Palembang is in the very high category, 82.58%, supported by 6 indicators, from the health indicator 82.92%, the attention indicator 80.93% , interest indicator 83.57%, teaching indicator 79.81%, learning tools indicator 82.74% and environmental indicator 82.23%. Judging from the interest of the students themselves who feel happy when learning takes place, the variety of teachers who are not monotonous when providing learning material and the infrastructure factors that support the continuity of the learning process.

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